



TRACK IS BACK - 28TH JULY 2021

START LISTS v1

100M WHEELCHAIR & FRAMERUNNING

1700	1.1	1							
		2	8	Gary Cooper	Coventry Godiva Harriers	Male	Senior	T53	WCR
		3	11	Jack Gower	Harlow AC	Male	U17	T34	WCR
		4	12	Thomas Miller	Harlow AC	Male	U20	T34	WCR
		5	17	Zien Zhou	Coventry Godiva Harriers	Male	U23	T34	WCR
		6	14	Rob Smith	Coventry Godiva Harriers	Male	Senior	T52	WCR
		7	16	Jacob Webb	Coventry Godiva Harriers	Male	Senior	T53	WCR
		8							

1705	1.2	1							
		2	7	Emma Alexander	Harlow AC	Female	Senior	T33	WCR
		3	13	Ellie Page	Coventry Godiva Harriers	Female	Senior		WCR
		4	6	Kare Adenegan	Coventry Godiva Harriers	Female	U23	T34	WCR
		5	10	Olivia Gallagher	Weir Archer	Female	U23	T33	WCR
		6	15	Sophie Taylor	Coventry Godiva Harriers	Female	Senior	T33	WCR
		7	9	Daina Donnelly	Coventry Godiva Harriers	Female	U15	T34	WCR
		8							

1710	1.3	1							
		2							
		3	1	Orla Conneely	Chesterfield and District	Female	U20	RR2	FR
		4							
		5	3	Ellie Simpson	Chesterfield AC/City of Sheff	Female	Senior	RR2	FR
		6							
		7							
		8							

1715	1.4	1							
		2							
		3	4	Rafi Solaiman	Charnwood AC	Male	U23	RR3	FR
		4							
		5	5	Thomas Talbot	Lincoln Wellington AC	Male	U17	RR2	FR
		6							
		7							
		8							

100M OPEN SPRINTS

1730	2.1	1								
		2	29	Jessica	Inkpen	Coventry Godiva Harriers	Female	U13		OPEN
		3	21	Niyah	Bennett	Coventry Godiva Harriers	Female	U13		OPEN
		4	20	Eleanor	Barker	Coventry Godiva Harriers	Female	U13		OPEN
		5	46	Isabella	White	Coventry Godiva Harriers	Female	U15		OPEN
		6	32	Beth	Murray	Coventry Godiva Harriers	Female	U13		OPEN
		7	33	Dembe	Nemukovhani	Coventry Godiva Harriers	Female	U15		OPEN
		8								

1735	2.2	1								
		2	25	Chimdi	Duru	Coventry Godiva Harriers	Female	U13		OPEN
		3	18	Emmanuela	Asante	Coventry Godiva Harriers	Female	U15		OPEN
		4	41	Tegan	Stoddart	Telford AC	Female	U17		OPEN
		5	24	Isabella	Davies	Birchfield Harriers	Female	U13		OPEN
		6	30	Catherine	Kandala	Coventry Godiva Harriers	Female	U20		OPEN
		7	44	Kaci-lee	Trumper	Telford AC	Female	U15		OPEN
		8								

1740	2.3	1								
		2								
		3	42	Christopher	Taplin	Coventry Godiva Harriers	Male	Senior		OPEN
		4	39	Konyui	Shieh	Coventry Godiva Harriers	Male	U23		OPEN
		5	27	Joseph	Gilkes	Coventry Godiva Harriers	Male	U23		OPEN
		6								
		7								
		8								

1745	2.4	1								
		2	26	Alexander	Farquharson	Coventry Godiva Harriers	Male	Senior		OPEN
		3	28	Muslim	Habib	Birchfield Harriers	Male	U20		OPEN
		4	31	Brandon	Mingeli	Cambridge harriers	Male	U23		OPEN
		5	45	Nicholas	Walsh	Sale Harriers	Male	Senior		OPEN
		6	36	Elliott	Powell	Birchfield Harriers	Male	Senior		OPEN
		7	35	Jonnie	Peacock	Charnwood AC	Male	Senior	T64	OPEN
		8	38	Zac	Shaw	Cleethorpes AC	Male	Senior	T12	OPEN
		9		Guide	Runner					

WHEELCHAIR WARM-UP

400M WHEELCHAIR & FRAMERUNNING

1800	3.1	1							
		2	7	Emma Alexander	Harlow AC	Female	Senior	T33	WCR
		3	6	Kare Adenegan	Coventry Godiva Harriers	Female	U23	T34	WCR
		4	13	Ellie Page	Coventry Godiva Harriers	Female	Senior		WCR
		5	10	Olivia Gallagher	Weir Archer	Female	U23	T33	WCR
		6	15	Sophie Taylor	Coventry Godiva Harriers	Female	Senior	T33	WCR
		7	9	Daina Donnelly	Coventry Godiva Harriers	Female	U15	T34	WCR
		8							

1810	3.2	1							
		2	12	Thomas Miller	Harlow AC	Male	U20	T34	WCR
		3	8	Gary Cooper	Coventry Godiva Harriers	Male	Senior	T53	WCR
		4	17	Zien Zhou	Coventry Godiva Harriers	Male	U23	T34	WCR
		5	11	Jack Gower	Harlow AC	Male	U17	T34	WCR
		6	14	Rob Smith	Coventry Godiva Harriers	Male	Senior	T52	WCR
		7	16	Jacob Webb	Coventry Godiva Harriers	Male	Senior	T53	WCR
		8							

1820	3.3	1							
		2	1	Orla Conneely	Chesterfield and District	Female	U20	RR2	FR
		3	3	Ellie Simpson	Chesterfield AC/City of Sheff	Female	Senior	RR2	FR
		4							
		5	4	Rafi Solaiman	Charnwood AC	Male	U23	RR3	FR
		6							
		7	5	Thomas Talbot	Lincoln Wellington AC	Male	U17	RR2	FR
		8							

400M OPEN SPRINTS

1830	4.1	1							
		2							
		3	40	Joshua Sothcott	Rugby and Northampton	Male	U15		OPEN
		4	34	Hayden North	Coventry Godiva Harriers	Male	U17		OPEN
		5	19	Dale Ball	Coventry Godiva Harriers	Male	Senior		OPEN
		6	43	John Treadwell	Coventry Godiva Harriers	Male	Senior		OPEN
		7	22	Ayesha Bhatti	Coventry Godiva Harriers	Female	U17		OPEN
		8							

1840	4.2	1							
		2							
		3	36	Elliott Powell	Birchfield Harriers	Male	Senior		OPEN
		4	37	Charlie Roe	Coventry Godiva Harriers	Male	Senior		OPEN
		5	23	Lamin Dampha	Birchfield Harriers	Male	Senior		OPEN
		6	42	Christopher Taplin	Coventry Godiva Harriers	Male	Senior		OPEN
		7							
		8							

WHEELCHAIR WARM-UP

1500M WHEELCHAIR & FRAMERUNNING

1900	5.1	1								
		2	17	Zien	Zhou	Coventry Godiva Harriers	Male	U23	T34	WCR
		3	6	Kare	Adenegan	Coventry Godiva Harriers	Female	U23	T34	WCR
		4	12	Thomas	Miller	Harlow AC	Male	U20	T34	WCR
		5	14	Rob	Smith	Coventry Godiva Harriers	Male	Senior	T52	WCR
		6	8	Gary	Cooper	Coventry Godiva Harriers	Male	Senior	T53	WCR
		7	11	Jack	Gower	Harlow AC	Male	U17	T34	WCR
		8								

1910	5.2	1								
		2	13	Ellie	Page	Coventry Godiva Harriers	Female	Senior		WCR
		3	16	Jacob	Webb	Coventry Godiva Harriers	Male	Senior	T53	WCR
		4	10	Olivia	Gallagher	Weir Archer	Female	U23	T33	WCR
		5	15	Sophie	Taylor	Coventry Godiva Harriers	Female	Senior	T33	WCR
		6								
		7								
		8								

1920	5.3	1								
		2	1	Orla	Conneely	Chesterfield and District	Female	U20	RR2	FR
		3	3	Ellie	Simpson	Chesterfield AC/City of Sheff	Female	Senior	RR2	FR
		4	4	Rafi	Solaiman	Charnwood AC	Male	U23	RR3	FR
		5	5	Thomas	Talbot	Lincoln Wellington AC	Male	U17	RR2	FR
		6								
		7								
		8								

Note: Mixed 400m & 1500m Para Events - UK Rankings Only