

Dear Athlete

Thank you for entering “Track is Back” – the first meet on the new Mondo track at University of Warwick, Coventry. We look forward to seeing you on the day. Following the latest Covid-19 guidance from England Athletics we have implemented some extra rules and procedures at the competition - which you will not be used to - to ensure we mitigate against virus transmission.

Parking is available in the TENNIS CENTRE CAR PARK where Registration and Track and Trace will take place from 9:45 am. The gate will not be open before that time. The Exit Gate is situated by the Clubhouse.

Please review and follow the guidance below to help ensure our competition follows Government and England Athletics guidance.

-
1. **Maintain 2m social distancing at all times** on the field of play and around the venue.
 2. You are only permitted **one person to accompany you to the competition unless by prior arrangement**. Anybody else will be turned away.
 3. **Hand sanitiser** will be available. However, we ask that you bring your own hand sanitiser and any other PPE you may wish to use. Masks must be worn when using the toilets.
 4. Be mindful that there will be **markings and signs** around the venue ensuring flow routes and the like are adhered to. There is also a site diagram.
 5. If you see anything which contradicts current Government guidance please bring that to the attention of the **Covid-19 Coordinator Job King** or any officials at the event.
 6. All athletes, spectators and officials will be asked to sign a [Covid Declaration Form](#).
 7. **Infrared temperatures** will be recorded upon entry. Anybody with a high temperature (37.8+) will not be permitted and should seek medical advice.
 8. The event will have a **UKA Level 2 Competition Licence** for Power of 10 & UK Rankings. For Para Athletes the event is also WPA Endorsed for World Rankings.
 9. **Conduct Warnings** will be issued to athletes and coaches who do not follow Covid-19 instructions, for example accessing the track without approval. These are Yellow & Red Cards.
 10. [Online Results](#) will be available – not posted on the cabin wall. This is to minimise movement and gatherings
 11. Please bring your own **pins** to secure numbers, and **duct tape** for racing chairs / frames.
-

If you have any queries regarding any of this information, then please do not hesitate to contact Job King. Please read the event specific information on the following page.

Look forward to seeing you and Best of Luck!

800M ATHLETES

- Report for your race 10min along the home straight (no earlier please)
- For final drills and strides lanes 5 to 10 will be marked out for 50m
- Races will start in lane until the green break-line on the back straight
- If you need to do a longer warm-up / warm-down there are playing fields beyond the Tennis Car Park
- There will be medals for the 1st, 2nd, 3rd fastest Coventry Godiva Athletes in the U13 – U15 Races (collected from a table)

THROWS INFORMATION

- Athletes must bring one implement only which will be weighed in pre-competition – in the Clubhouse Equipment Store
- Report 15min Prior to Event Start. Warm-Up timings will follow usual UKA / WPA Rules.
- All athletes will receive 6 trials

WHEELCHAIR RACING INFORMATION

- You will be given Bib Numbers (Rear + Front Right) and 2 Helmet Numbers (Left and Right)
- Report for All Races on the Home Straight (by the Long Jump)
- Exit for All Races on the Home Straight (by the Long Jump)
- Warm-up and lane setup may only take place after you have reported for your race
 - 100m: Warm-Up on Back Straight + 1 Lap
 - 400m + 1500m Up to 3 Laps or 7 min (whichever is sooner)
- Athletes will not be able to warm-up on the track between races. Anybody entering the track without permission will get a conduct warning.
- Athletes doubling 100m and 400m will notice they have the same lane draw for both races.
- Chairs will not be measured pre-competition. Officials will advise athletes if wheels, helmets and clothing have excessive branding (1 manufacturer logo), and any safety concerns regarding steering and braking.
- Helmets must always be worn on the track
- 2-meter areas will be marked for rollers, daychairs and other equipment between the two long jump pits along the home straight. Walkways must be kept clear.

ALL ATHLETES

- There will be no call room, so you should proceed to the competition area no more than 10 minutes (Track) and 15 minutes (Field) before the start of your event, to ensure that social distancing can be maintained.
- Changing rooms will not be available, please arrive dressed and ready to compete, and be prepared for all weather conditions (wet, cold and warm)
- Please bring food and drink with you. We can't guarantee this will be available on site.
- There is a Tesco at 'Cannon Park Shopping Centre' and 'Varsity Warwick' serves hot food (1/2 mile from the track).
- Outside toilets are available for athletes. There is an additional accessible toilet in the Clubhouse.
- Teams bringing marquees, please ensure these cover your 2m pen(s). Marquees should be suitably secured and taken down in high winds.